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TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
(Estd. by the Govt. of Tamil Nadu Under Act No.9 of 2005. A State Govt. University)

Accredited with "B" Grade by NAAC

Website: www.tnpesu.org

Email: tnpesuiqac@gmail.com

Phone No: 9841832928

Vandalur-Kelambakkam Road, Melakottaiyur Post, Chennai – 600127. Tamil Nadu.

REPORT ON
WORKSHOP
ON
“EMPLOYABILITY SKILLS
AND RECRUITMENT”

BY



AND

ORGANIZED BY

“INTERNAL QUALITY ASSURANCE CELL”
(IQAC)



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PROGRAM CIRCULAR



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Website : www.tnpesu.org

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Phone No :044-27477906

Vandalur-Kelambakkam Road, Melakottaiyur Post, Chennai – 600 127. Tamil Nadu.

Dr. R. Ramakrishnan
Registrar i/c

03.05.2023

CIRCULAR

As per the direction I inform you that, the Teaching staff including Guest Lecturers are requested to attend the staff meeting chaired by our Hon'ble Vice-Chancellor at 10.30. a.m. on 5.05.2023 at Syndicate Hall of the University without fail.

Followed by an employer from SPORTSA Mrs. Sooria James, the IQAC member will have the presentation and interaction on "**Employability Skills Requirement**" at 11.30. a.m. organized by IQAC.

The HoD's of various Departments are requested to inform two students and all regular Ph.D's Scholars of your department to attend the above said interaction meeting.


Registrar i/c

To

All the Teaching Staff

All the HoD's

Copy to

Registrar Section

Finance Section

IQAC Director



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PERMISSION AND SANCTION OF EXPENDITURE AMOUNT



03.05.2023

From
Dr. M. Grace Helina
IQAC Director
TNPESU
Chennai – 127
To
The Registrar
TNPESU
Chennai – 127
Sir,

Sub: TNPESU – IQAC – Conduct of Interaction session on
“**Employability Skills Requirement**” on 05.05.2023 – Permission
and sanction of expenditure amount – Requested – Reg.

With reference to the above subject. I would like request your kind permission to conduct the interaction session on “**Employability Skills Requirement**” at 11.30. a.m. on 05.05.2023 at Syndicate Hall of our University for all Teaching staff including Guest Lecturers, two students from each departments and all regular Ph.D's Scholars.

Kindly sanction the following amount to meet the expenditure,

Tentative Budget

1. Memento and shawl	- Rs.1000.00
2. Refreshment (100 members)	- Rs. 3000 3000.00
3. Lunch (6 members)	- Rs.2000.00
Total	- Rs. 6000 6000.00

(Six thousand only)

Dr. M. Grace Helina
IQAC Director



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INVITATION



TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Melakottaiyur, Chennai-600127

INTERNAL QUALITY ASSURANCE CELL

Cordially invites you for the

One Day Workshop on Employability Skills and Recruitment

For All Teaching Staff, Students & Research Scholars

On 05.05.2023 at the Syndicate Hall, TNPESU at 11.30 AM

Dr. M.SUNDAR

Vice-Chancellor, TNPESU

has kindly consented to be the Chief Guest

Dr. R.RAMAKRISHNAN

Registrar i/c, TNPESU

has kindly accepted to felicitate the function

Mrs.SOORIA JAMES

Managing Director, Pluspoint Ventures,
Chennai

has kindly accepted to be the resource person

PT.C.MANOJ
Dr.Deb Kumar Das
Members - IQAC

Dr. M.GRACE HELINA
IQAC Director



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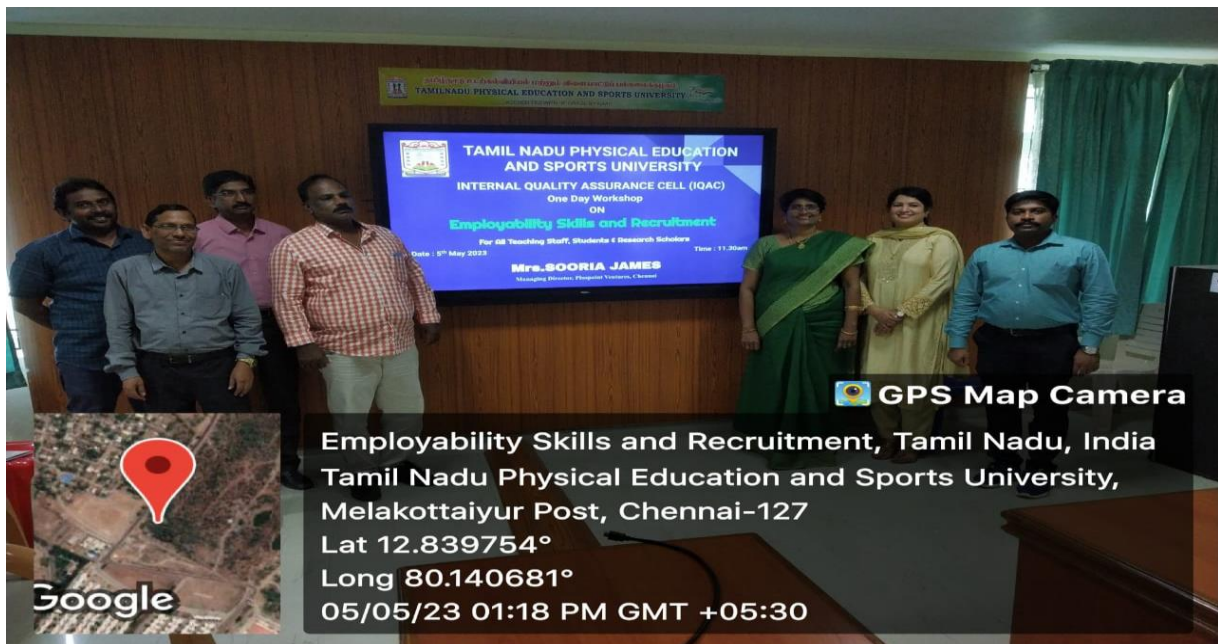
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Dr. M. Sundar, Vice-Chancellor, Tamil Nadu Physical Education and Sports University was the chief guest of the programme and Dr. R. Ramakrishnan, Registrar, i/c felicitated the function.





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RESOURCE PERSON OF THE PROGRAM



Mrs. Sooria James, Managing Director, Plus point Ventures, Chennai, was welcomed by Dr. M. Sundar Vice-Chancellor Tamil Nadu Physical Education and Sports University.

FROM SPORTSA



Pluspoint Ventures
No.18, Z Block
6th Street, Anna Nagar,
Chennai – 600 040

www.sportsa.in
contact@sportsa.in

Contact
044 4357 3377
044 4358 3377
+91 7825 80 7825



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The resource person Mrs. Sooria James, Managing Director, Plus point Ventures gave the detailed explanation about the various employability skills and Recruitment process.





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SPORTSA PRESENT THE CONTENTS OF THE PROGRAM

SPORTSA BELIEF

VISION

We are proposing to rewrite the children's health and well-being scenario in the present educational systems and institutions in the state with a radical concept that will benefit children across the spectrum of society and catapult the health and physical fitness factor of present and future generations to come, to higher standards.

MISSION

Sportsa provides physical education for schools, sports training, and total sports management services for schools and colleges to help them take their sports to the next level.

Our Integrated program Services

1. Integrated, inclusive, age appropriate Sports and Physical Education.
2. Full time certified qualified and trained teachers in a 300:1 ratio.
3. Structured, researched and customized curriculum.
4. Structured lesson plan.
5. Age appropriate games.
6. Introduction of all major games in the KG and primary level.
7. Wide range of sports, both indoor and outdoor.
8. Talent identification and school teams' development.
9. Tournament exposures like friendly matches, practice matches, inter school, and inter zone, state and national level tournaments.
10. Native and traditional sports of Tamil Nadu.
11. Archery introduction.
12. Experts coaching on Self-defense for girls.



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13. Aerobics.
14. Athletics.
15. Technology driven assessment and monitoring system.
16. Age appropriate props, sporting equipment and tools.
17. Experts coaching on survival instincts and techniques.
18. First Aid Classes.
19. Drug and substance abuse awareness program.
20. Sports Day assistance.

Age appropriate curriculum – Holistic development of a child

KG level

- Fundamental motor skills development
- Variety of sports and physical activities introduced

Benefits:

- Listening, obeying, attention skills, development

Primary level

- Introduction to multiple sports

Benefits:

- To play multiple sports
- Gets the chance to pursue the sports they want to play

Middle level

- Introduction to multiple organized games and sports

Benefits:

- Specific coaching for talent & development
- Participation in competition

Secondary level

- Coaching on specific sports and games

Benefits:

- Specific talent identification
- Coaching & development
- Participation in tournaments outside school



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Trainers

- Educational qualification as per government norms
- Training by Sportsa on program implementation
- Psychological screening by Sportsa
- Knowledge about current trends
- Communication and interpersonal skills
- Decisive and leadership skills
- Enthusiastic and child – centred

Trainers - Resources

Our trainers are from the following reputed Institutions for Physical Education in Chennai

- YMCA College of Physical Education
- Queen Mary's College
- Tamil Nadu Physical Education and Sports University
- Madras Christian College
- Saveetha School of Physical Education
- Hindustan University



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Sports Equipment and Props

For pre primary school



For primary and middle school

Key:
 ■ Props available in the primary school program
 ■ Props available in the middle school program



Lesson Plan - Sportsa

The lesson structure has the following four parts:

- (1) Introduction Activity (3-5 mins),
- (2) Fitness Activity (7-8mins),
- (3) Lesson (12-15mins),
- (4) Game (5-7 mins).

*Time allocation can proportionally be adjusted to meet the needs of the school and their unique lesson length. Above is based on a physical education lesson of 40-minute instructional time.





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Model Assessment - Sportsa

Formative Assessment- Psychomotor

EXAMPLE

Volleyball Unit: Peer Checklist Skill- Forehand Pass														
Directions: Tally each time the performer executes the techniques properly.														
Performer_____							Observer_____							
Moving feet under ball w/ knees bent			Arms extended w/ proper hands and platform exposed			No swinging and meeting ball with arms			Contact made with platform			Angle of arms to target and ball height easy to get		

*Watch the performer to complete at least three observations per technique.

KEY: X = Completed 0 = Not Completed

Mobile Application - Sportsa

- Technology-driven assessment and monitoring
- Parents' access to the lesson plan and the lessons taught the child's performance
- Principals' access to the lesson plan, trainer performance, child's performance, attendance
- Overall monitoring and performance auditing by team Sportsa



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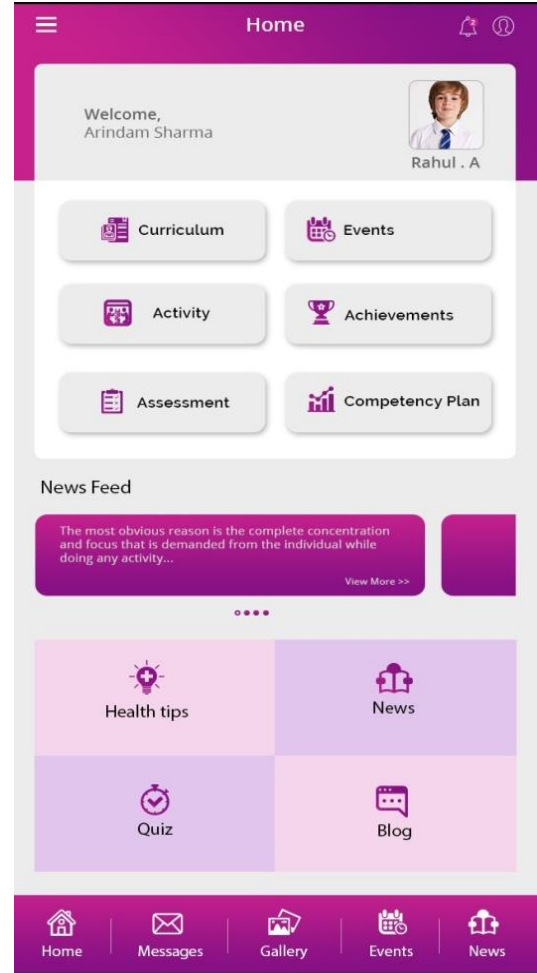
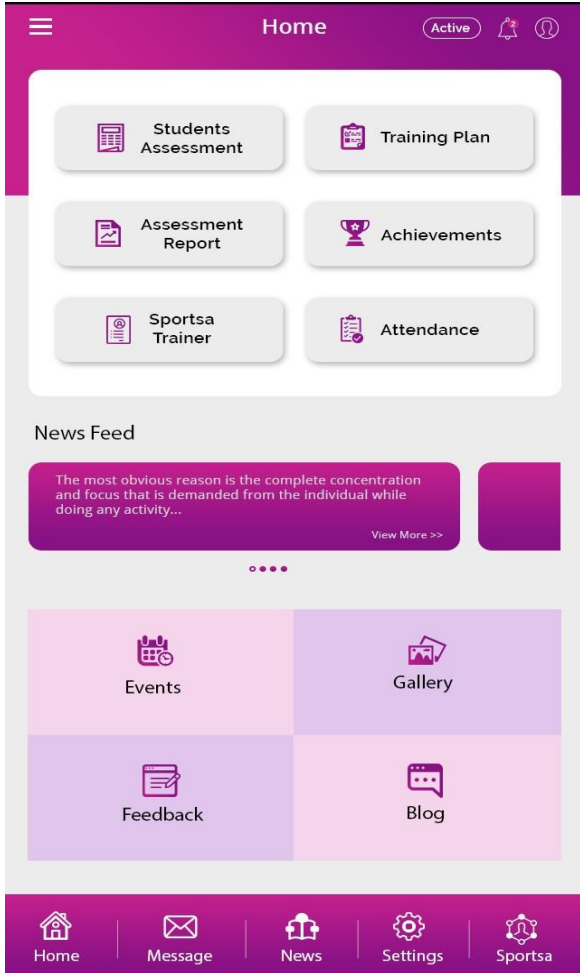
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Assessment

SPA / AN 1 : June - July 2019

Activity	Score	Reason
Act : 1	8 / 10	Can improve in co-ordinating with his Teammates
Act : 2	7 / 10	Healthy Food habit should be followed to improve the stamina
Act : 3	4 / 5	Great effort
Act : 5	9 / 10	Can improve in co-ordinating with his Teammates
Act : 6	5 / 5	Healthy Food habit should be followed to improve the stamina
Act : 7	7 / 10	Great effort

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Our school sessions - Images





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Pluspoint Ventures

Pluspoint Ventures since 2018

- Integrated Sports and Physical Education in schools
- After – school coaching
- Kindergarten Sports
- Pluspoint Sports Academy
- Corporate Fitness
- Sports Infrastructure Consulting
- Sports Events Management
- Train the Physical Education Teachers – TPET

We have been associated with

- | | |
|--|---|
| <ul style="list-style-type: none">• Maharishi Vidya Mandir group of schools (45 schools)• Alagappa University, Karaikudi• Alagappa group of institutions• Church Park Schools• St Thomas Covent Schools in Chennai and Vellore• Don Bosco Schools in Chennai• Loyola College in Chennai• Loyola Institute of Technology and Science, Nagercoil• Prathyusha Engineering College | <ul style="list-style-type: none">• Bharathi Vidyalaya group of schools in Gobichettypalayam• Meenakshi Educational Trust schools• Pon Vidyashram Schools• Little Millenium Play School• Viby Play School• Kalasalingam University, Linga Global School• St Joseph's Matriculation School• St Joseph's College of Engineering, Chennai |
|--|---|



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Sportsa Advisory Council

<p>Dr Jagannath PHD Strategic business consultant JSI Ventures, Chennai</p>	<p>Mike Hodges PHD Associate Professor William Paterson University of New Jersey, USA Founder Physical EDGE</p>
<p>Dr George Abraham PHD Principal and Correspondent Secretary YMCA College of Physical Education, Chennai</p>	<p>Dr Grace Helina PHD HOD Department of Exercise Physiology and Biomechanics Tamilnadu Physical Education and Sports University</p>
<p>Dr Priscilla Sathianathan PHD Child and Adolescent Psychologist Director Memory Clinic, Chennai, India</p>	

Employer - Sportsa

- We are a growing company
- Every year we will need an average of 20 to 30 trainers for our new projects
- We need trainers with additional skills to the basic qualification of B.PEd.



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Desired skills

- Communication – English
- Specialty in training & coaching techniques
- Sports psychology
- Yoga
- Aerobics
- First aid
- Exercise physiology - age appropriate exercises and training
- Computer skills

- Sports nutrition
- Sports technology
- Kinesiology
- Sports biomechanics
- Latest rules and regulations in games and athletics
- Scientific assessment tools
- Traditional games of Tamil Nadu
- Interview skill

Suggestions

- Minimum of four internships in schools
- Inter departmental workshops
- Practical classes and assessment
- Career guidance in last semester
- Look at B.Sc physical education syllabus
- Spoken English classes
- Computer skills classes
- Interview skills in the last semester
- Selection criteria of students for B.P.Ed should be stringent for TN PESU (entrance exam, cutoff marks, certificates)



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